

# Did you know...?

## Cheers Boston is committed to:

- Recycling cardboard, glass, plastics, metals, toner cartridges, cell phones, writing paper, computer printouts, colored paper, newspaper, magazines, fax paper, catalogs, & envelopes
- Using food waste for composting
- Environmentally friendly cleaning products
- Using sustainable and renewable food sources whenever possible and available from our local vendors
- Energy efficient equipment with programmable timers and thermostats
- Motion sensor lighting
- Using post-consumer recycled paper
- Using recycled stock for take-out packaging
- Using fluorescent energy saving light bulbs
- Reusing interoffice paper and envelopes
- Educating our staff on ecological sustainability, recycling, and energy/water conservation
- Use of two-way totes for delivery of merchandise in an effort to reduce the use of cardboard
- Recycling waste oil for renewable energy
- Use of foods, whenever possible, that are not treated with growth hormones, GMOs, antibiotics and never any trans fats

## How can I help?

- Low-Flow shower heads can help reduce water use by 50% or more
- Turning off the water faucet when brushing your teeth can save up to 9 gallons of water every time you brush
- 40% of your house's pure water is flushed down the toilet
- 40% of the energy used in your home is for heat
- 1 ton of 100% non-recycled newsprint uses 12 trees
- At least 38.9% of the US waste stream is paper
- Americans throw away the equivalent to 500,000 trees each week
- Americans discard 4million tons of office paper every year—enough to build a 12ft high wall of paper from NY to California
- Americans throw away enough aluminum each month to rebuild our entire commercial air fleet
- Glass never wears out—it can be recycled forever